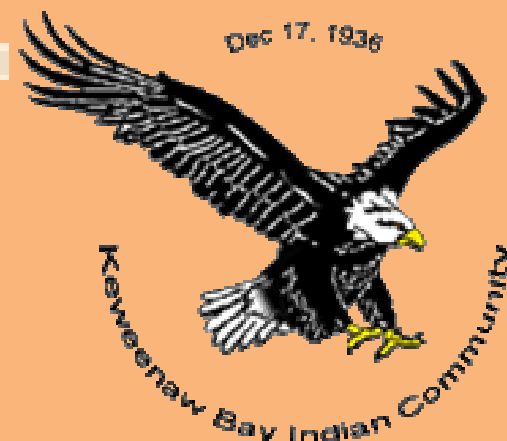




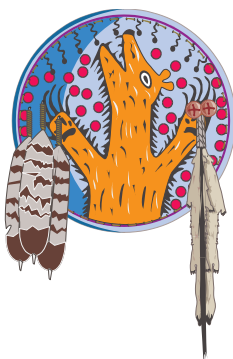
GIIKENDAAM CHIWIKWEGAMAG



All You Need To Know About The Keweenaw Bay Indian Community
Binaakwe Giizis - Falling Leaves Moon - October 2006 **Issue 28**

Tribal Council Members:

Susan J. LaFerner, President
Warren C. Swartz Jr., Vice-President
Larry J. Denomie III, Secretary
Doreen Blaker, Asst. Secretary
Toni Minton, Treasurer
Gary F. Loonsfoot Sr.
Fred Dakota
William E. Emery
Michael F. LaFerner, Sr.
Elizabeth D. Mayo
Shawanung
Elizabeth (Chiz) Matthews



Welsh Honored at New Day Powwow

The New Day Fifth Annual Powwow was held on Saturday and Sunday, August 19-20, 2006, at the Ojibwa Powwow Grounds on US 41 in Baraga, Michigan. Grand entries were held on Saturday at 1:00 p.m. and 6:00 p.m. and on Sunday at 1:00 p.m. This year New Day honored KBIC member Doug Welsh, who was presented with a beautiful blanket on Saturday afternoon by Paul Halverson and Jerry Curtis of New Day. Doug began his road to recovery on October 20, 1976. He has had numerous obstacles along this road. One that stands out above the rest is the physical, mental and emotional handicaps he lives with everyday of his life resulting from a traumatic injury he received as a victim of a drunk driver. Doug focuses on spreading the word of the dangers of alcoholism and what it may do to the person, the ones they love or even a perfect stranger. He lives one day at a time. Doug was emotionally moved and honored to be acknowledged and allowed to speak at this Powwow.

Host Drum were the Sons of the Three Fires of Gun Lake, MI. Invited drums were Tree Town of Ann Arbor, MI, and the Traveling Loons of Kesheena, WI. Four Thunders was our home drum. Lester Drift (Bose Forte, MN and Zeba) was Head Man Dancer and Melissa McGeshick (LVD) Watersmeet, MI was the Head Woman Dancer. The event was emceed by George Madosh. Free camping was available throughout the weekend.

Miigwetch to R.D. Curtis for the beautiful pictures that follow.



Special points of interest:

- Doug Welsh Honored at New Day Powwow
- Parade of Nations
- Sam Hornish Jr., wins Indy 500
- KBIC—Playing In The Mud
- Superior Pizza's Co-Ed Team takes Third Place at Ho-Chunk
- Gaming Commissioner Named
- Community Drug Alert Bulletin
- Pandemic Flu Planning Checklist
- New Hires at KBIC
- Aabinoojiiyens



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13-Part Television Series Showcases Unique American Indian Cultures



Fargo, No. Dakota, August 28, 2006 – Production schedules have been set for *Indian Pride*, a 13-part cultural magazine to be aired on PBS stations in February 2007. *Indian Pride* will spotlight the diverse cultures of American Indian people throughout the country. Prairie Public Television of Fargo, North Dakota, will produce the weekly magazine in cooperation with Circle of Nations Publishing of Grand Forks, North Dakota.

"This unprecedented series is the first venture of its kind to be produced for a mass United States audience," stated Bob Dambach of Prairie Public Television. "Previous attempts to tell the story of American Indian culture have been limited to one or two-part episodes that have only been able to provide a small glimpse of the rich history and culture of our Native peoples. We are very pleased to partner with JuniKae Randall of Circle of Nations Publishing to bring this historic event to the American public. As host for the magazine, JuniKae will bring an in-depth and personal perspective to the stories we tell."

The 13-week magazine will focus on a specific theme each week that will be of interest to all people. Future programs will highlight Indian Treaties and Sovereignty, Spirituality, Health and Healing, Culture and Celebrations, as well as the coverage of critical issues of government, economic development, politics and education.

Each 30-minute episode will include three distinct segments: mini-documentaries shot on location at events held on reservations and around other parts of Indian country; in-studio segments featuring discussion of current issues by nationally-known American Indian guests; and original and cultural performances featuring traditional and contemporary artists, as well as storytellers.

Indian Pride is the vision of JuniKae Randall, founding director of Circle of Nations Publishing. Randall is a member of the Turtle Mountain Band of Chippewa and grew up on the reservation in North Dakota. Randall left the reservation shortly after high school to follow her dreams. That journey led her to pursue a higher education to accomplish her goals. She holds a Masters Degree in Education Administration from the University of North Dakota and is a motivational speaker, songwriter and performer. Throughout her life experiences, she has always remembered and honored her Indian Pride.

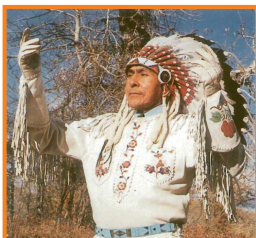
As she perceived the role of media in our culture, she was disappointed to find no place in the endless coverage of news, entertainment and sports that included American Indians. "I wanted to change the landscape, creating a television program that would showcase the 562 Indian Nations and profile our rich heritage with current accomplishments," Randall stated. "Innovative and in-depth content that would receive national distribution and fully integrate with schools via a website so teachers could share the knowledge with their students. *Indian Pride* was the natural title for this idea."

The development and production of *Indian Pride* is a major undertaking on behalf of several prominent members of the American Indian community throughout the country. Harold "Gus" Frank is the Chairman of the Forest County Potawatomi of Wisconsin. Frank has been selected to serve as Board Chairman of the *Indian Pride* Advisory Board. "The *Indian Pride* TV Series is a great opportunity for Indians, Native Americans, and Indigenous people to tell in their words why and how we got to be where we are today. With JuniKae's vision, Prairie Public Television can use the media to share our history with the world," stated Frank.

The Honorary Chairman of the Advisory Board, Chief Earl Old Person, Chief of the Blackfeet Nation, welcomes this broadcast opportunity because "...It is education and communication that builds bridges, open hearts and creates greater harmony among people. As American Indians, we are known for our strong value of sharing. It is a good time to share our beautiful culture from every corner of Indian Country with the world."

Production schedules and locations along with more information on topics and guests will be announced within the next few months. The program will reach out to a number of reservations and tribes throughout the country as the segments are shot and produced for broadcast this winter. *Indian Pride* will be distributed to PBS television stations nationwide through NETA. The world premiere of the 13-week series is scheduled for February 3, 2007. Contact your local PBS station for broadcast dates and times.

The Advisory Board for *Indian Pride* includes:



Honorary
Chairman
Chief Earl Old
Person
**The Blackfeet
Nation**



Board Chairman
Harold "Gus"
Frank
**Forest County
Potawatomi**

Continues top of
next column.

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Board Members:

John "Rocky" Barrett
Citizen Band of Potawatomi
James Delacruz
Quinault Tribe
Joe Garcia
Ohkay Owingeh & NCAI
Dwight Gourneau
National Museum of the American Indian
Joseph Gray
The Mohegan Tribe
Lance Morgan
Ho-Chunk, Inc.
Cheryl Seidner
Wiyot Tribe of California
Karen Starr
Otto Bremer Foundation
Mary Thomas
Gila River Community of Arizona

Kenneth Dalen
The Dalen Company
John Echohawk
Native American Rights Fund
David Gipp
United Tribes Technical College
Scott German
Sisseton-Wahpeton Oyate
Danny Jumper
Seminole Tribe of Florida
Max Osceola
Seminole Tribe of Florida
Pending
Navajo Nation
Edward Thomas
Tlingit & Haida Tribes of Alaska

Prairie Public Television is a premiere broadcaster of public television, radio and on-line services throughout the prairie region encompassing the state of North Dakota, northwestern Minnesota, southern Manitoba Province, Canada, eastern Montana and northern South Dakota.

In addition to a roster of PBS programs, Prairie Public has been a leader in providing locally produced award-winning programs that examine important issues that affect the lives of viewers in the United States and Canada.

ADDITIONAL COLLEGE GRADUATE



Last month the Education Dept. reported eight KBIC college graduates for the 2005-06 academic year. We are pleased to add one more — **Angela Danison** received a Master's degree in Elementary Education from Northern Michigan University. Congratulations Angela!

OUR DEEPEST SYMPATHY

Rosemary Williams

(April 28, 1945—September 5, 2006)

Rosemary Williams, 61, of Green Bay, died peacefully at a local nursing home on September 5, 2006. Born on April 28, 1945, in Baraga, Michigan, she is the daughter of the late John and Theresa (Miller) Loonsfoot. On June 21, 2003, she married John Williams in Green Bay. Rosemary worked with her husband at Mary Morgan Printing in Green Bay, for a number of years. She enjoyed shopping, bowling, doing puzzles with her husband and spending time with her family—especially her grandchildren, nieces and nephews.

Rosemary is survived by her husband, John; six children, Pamla Mae Loonsfoot of Baraga, MI; John Loonsfoot of Marquette, MI; Paul Loonsfoot of Green Bay, WI; Russell Elk of Appleton, WI; John Jacker of Appleton, WI; and Joseph Jacker of Baraga, MI; 14 grandchildren; two sisters, Margaret McCart and Dorothy (Duane) Ehlinger, both of Green Bay; many nieces and nephews.

She was preceded in death by her parents; one daughter, Yvette Marie Treviono; one sister Virginia Nicholson; one brother-in-law, James McCart. Private services were held at West Mason Malcore Funeral Home and Crematory.

National Gaming Commissioner Training Held At KBIC



The Tribe hosted a National Gaming Commissioner Training put on by the National Indian Gaming Association on September 11, 12, and 13, 2006. The trainings were held in the Casino meeting rooms and there were over thirty people in attendance representing Tribes from across the country.

There were tribes from Washington, New York, Conn., Minnesota, Wisconsin, Oklahoma, Iowa, New Mexico, Idaho, and Michigan. Upon completion of the training those in attendance were presented with a certificate by Megan Taylor of the National Indian Gaming Association Seminar Institute to show that they were certified Gaming Commissioners. Those in attendance from the Tribe were the three new gaming Commissioners Dale Shalifoe, Jim Rasanen, and Michael Duschene as well as commission staff members John Bussey and Michael Cardinal.



HORNISH'S UNBELIEVABLE FINISH FOR THE WIN.

Did you know the 2006 Indianapolis 500 winner Sam Hornish Jr., is a descendant of the Keweenaw Bay Indian Community? Sam is the son of KBIC member JoEllen Hornish (Sam Hornish Sr.) and the grandson of Cecelia Owens of Baraga, Michigan. Sam was raised in Defiance, Ohio, where he currently resides with his wife, Crystal. Sam won the Indy 500 this past May, at the age of 26.

A member of the Indianapolis Motor Speedway's radio network stated what Sam did was unbelievable. "For him to find a way to make that pass coming around Turn Four was incredible and to watch a guy who is that good and to see him win that way so many times, it's not coincidence. I really believe you're looking at the next four-time winner of the Indy 500. All he had to do was kick the door open."

Hornish earned the honor to have his visage placed on the 64½-inch-tall trophy after his last-lap pass of Marco Andretti, which won him the 2006 Indianapolis 500 race in May. The Borg-Warner Trophy rarely leaves its home at the Indianapolis Motor Speedway Hall of Fame Museum, but the trophy was

recently in Washington when Sam, his wife Crystal and the Marlboro Team Penske racing contingent met with President George W. Bush at the White House.

In October of 2000, Hornish was chosen by Pennzoil and Panther Racing to fill the Indian Racing Northern Lights Series seat vacated by Indy veteran Scott Goodyear for the 2001 season. Sam started racing about the time most kids are riding bicycles no-handed. Hornish has impressed the racing community in virtually all forms of racing that he has competed in. Sam compiled nearly 40 victories including several national and international championships in the World Karting Association and International Karting Federation. After graduating from Karts, he ran in the US F2000 series prior to moving into the professional ranks in 1999, in the internationally renewed Toyota Atlantic Pro Series. In the Atlantics, he finished 7th in the season point standings and was named "Rookie of the Year." In 2000, Sam passed his Indy Racing League driver's test and competed in eight races, including the Indianapolis 500. In 2004, he signed with Peske. What this young man has achieved at his age is a tremendous accomplishment! See www.samhornish.com, the official website of Sam Hornish. *Miigwetch to Cecelia Owens for the pictures and Information.*



Indy 500 winner, Sam Hornish Jr, shakes hands with President Bush. His wife, Crystal and members of his team were present on this occasion.

KBIC-NRD Assists USFWS, GLIFWC in Sea Lamprey Control Effort.

2006, marks the first time in which members of the Keweenaw Bay Indian Community Natural Resources Department (KBIC-NRD) have taken a direct role in researching and controlling sea lamprey (*Petromyzon marinus*) populations in the western Lake Superior region. This past spring, KBIC-NRD assisted the U.S. Fish and Wildlife (USFWS) Sea Lamprey Control Center and the Great Lakes Indian Fish and Wildlife Commission (GLIFWC) in maintaining and monitoring an adult sea lamprey trap on the Silver River. Adult sea lamprey ascend this river to spawn from Huron Bay. The parasitic eels then die, thus completing their life cycle in a similar way to Pacific salmon. The sea lamprey trap set in the Silver River allows researchers to estimate the size of the migrating adult lamprey population and also serves as an effective means to destroy adult lamprey before they can spawn.

Sea lamprey are considered a persistent threat to Great Lakes fisheries stocks and are estimated to kill more lake trout than the combined commercial and sport fisheries. Multi-Agency research efforts are indicating recent spikes in lamprey abundance throughout the Upper Great Lakes, and it is imperative that monitoring and control efforts continue in the battle against this exotic species.

For more information on sea lamprey and ongoing control measures, feel free to contact the KBIC-NRD at (906) 524-5757.

Gene Mensch — KBNRD Fisheries and Wildlife Biologist.



Above, Shawn Seppanen and Mike LaPointe, KBNRD Technicians maintain a lamprey trapping device on the Silver River.

Calendar of Events for October 2006 KBIC Youth Center

- October 2nd - Gymnastics begins 4 -9 p.m. every Monday & Wednesday
- October 4th - KBIC Youth Committee Meeting, 5:30 p.m. Gymnastics, 4 – 9 p.m.
- October 7 & 8th - Hunter Safety Classes by GLIFWC (Register at GLIFWC – 353-7789)
- October 9th - KBIC YOUTH COUNCIL MEETING – 6:30 p.m. ***
(Election of Youth Council for 06-07 school year)
- October 11th - Women's Self Defense Class by Healthy Start/DHHS – 7-9 p.m. (no gymnastics)
- October 12th - Healthy Start/Women's Circle Activity, 4:30 – 5:30p.m.
- October 16 - Gymnastics, 4-9 p.m.
- October 18th - Gymnastics, 4-9 p.m.
- October 21st - KBIC YOUTH HALLOWEEN PARTIES**
Grades K – 5 will be held from 1 o'clock till 3 p.m.
Grades 6 -12 will be held from 8 p.m. – 12 a.m.
(11 y/o must leave at 10:00 p.m. – See related article)
- October 23rd - Gymnastics, 4-9 p.m.
- October 25th - Gymnastics, 4-9 p.m.
- October 26th - Hoop Dancer at Baraga & L'Anse Schools (sponsored by MTU)
- Healthy Start/ Women's Circle Activity, 4:30 – 5:30
- MTU Native American Speaker's Forum Field Trip (Information to be posted in schools)
- October 31st - No Gymnastics - Halloween

*Call Carole LaPointe, Youth Director at 353-4643, or email her at clapointe@kbic-nsn.gov for further information or if you need a ride. If you would like to be a chaperone for youth events, please call Carole. All volunteers/chaperones are now requested to record their time donated. Regular office hours are held 8:00 a.m. – 4:30 p.m., unless otherwise posted. Volunteers, who will be preparing food in the Youth kitchen, need to have a TB skin test. Please have your test done at the Health Clinic on a Monday or Tuesday, as they need to be checked 2-3 days after administration. Call Carole for details.

Tribal Radon Poster Contest

Who: Tribal Youth, ages 9-14

Deadline: October 15, 2006

What: Poster Contest, Two categories
(Computer-generated) and (Hand-drawn)

Content: The statewide contest highlights the risk posed by indoor exposure to radon. The entrants to the contest will help to educate the public about radon, which the US Surgeon general has warned is the 2nd leading cause of lung cancer after cigarette smoking and the #1 cause of lung cancer in non-smokers.

Winner receives a trip to Washington, D. C. Winners will be unveiled at an awards ceremony in Washington D.C. in January 2007.

See the following websites for more information: www.nsc.org/issues/radon, www.nsc.org/issues/radon/faq.htm, <http://www.epa.gov/radon>, <http://www.epa.gov/iaq/radon/myths/html>, http://www.aarst.org/radon_risk.shtml, <http://energy.cr.usgs.gov/radon/georadon.html>, <http://www.atsdr.cdc.gov/tfacts14.html>

NEW HIRES at KBIC

[More hires on page six.](#)

Dale Dakota Sr., — Chief of Police

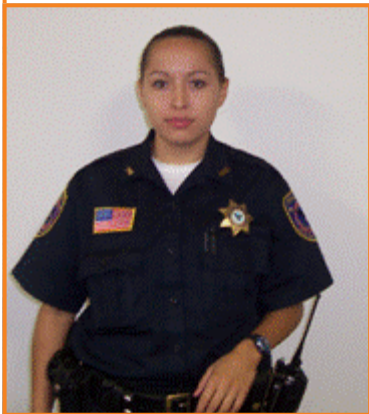


Dale Dakota has recently been hired by the Keweenaw Bay Tribal Council as the Keweenaw

Bay Indian Community's Chief of Police. Dale is the son of Fred Dakota and Amelia Sapcut. He is a member of the Keweenaw Bay Indian Community and has been employed by the KB Tribal Police for fourteen years, the last eleven as Sergeant. Dale states, "With my years of experience working the road patrol, I'm aware of some of the problems facing our community today and will be working hard to rectify these problems. My goals are to better our community and address the problems at hand. My door is always open for new ideas and concerns of the community."

I'm a husband, father and grandfather. My hobbies are hunting and fishing, gardening and bowling."

Miranda Voakes — KBIC Tribal Police Officer



Meet Officer Miranda Voakes. Miranda is the daughter of Robert and Valerie Voakes and was born and raised here on the Keweenaw Bay Indian Reservation. She graduated from L'Anse High School in 2003, and has been attending Northern Michigan University for the last three years. She was accepted into the

Northern Michigan University Regional Police Academy last Spring. NMURPA lasted 16 weeks, which included military protocol, precision driving, firearms training, criminal law, defensive tactics, police tactics and intense physical training. Upon completion of the academy, Miranda became certifiable as police officer through Michigan Commission on Law Enforcement Standards (MCOLES). Miranda states, "In the completion of the academy, I have finished my credits and will be receiving my Associates of Applied Science Degree in Law Enforcement. I will continue to work on my Bachelors Degree in Criminal Justice, but at this time, I will be focusing on starting my career as a Law Enforcement Officer. As a new member of the Keweenaw Bay Tribal Police Department, I hope to bring my knowledge and training to great use. I am dedicated to this position and hope to bring a positive change to this community. I am very honored to be able to serve our people and will do so with respect and great pride."

Colleen DeRoche — Secretary/Dispatcher



Anin, my name is Colleen DeRoche. I am a KBIC Tribal member, residing in Zeba. I have lived here most of my life, except for a short period of time from 1997 to 2004, at which time I was attending college at NMU.

I have worked for our community for a little over sixteen years. In the early 1980's, I went to Bay Mills Community to take classes for a Tribal Bookkeeper. Upon my return, our CEO at that time had a job waiting for me. I worked in our Accounting Office off and on while they were looking for funding to make my job permanent. On the lay-off times, I worked within the Ojibwa Casino as a dealer. Around 1985-1986, I was working in the Accounting Office, as a bookkeeper for the Enterprises, we branched off from the Tribal Center and moved to the Enterprise Accounting Office where I was employed as Revenue Recap Specialist until 1995. Since 2004, upon my return to the community, I have been employed as the Front Desk Secretary/Receptionist until I accepted this position with the KB Tribal Police Department.

I am on the Youth Committee and the Pow-wow Committee where I have been busy volunteering with whatever needs to be done. I helped Doreen Blaker coach a young girl's softball team during the early summer months. My interests are needle-point, sewing, beading when I get the urge to, watching college women's fast-pitch softball on TV, and bowling.

I have been married three years to John DeRoche, who is from the Marquette area. I have a son, Joshua Emery who lives in Marquette with my daughter-in-law Tricia and their two boys Lil Josh and Eli. I have three daughters, Carmen Emery of Gwinn, Jenelle (Nellie) Emery of Iron Mountain with soon to be, son-in-law Tom Hooper and a son Draven, and Melissa McSawby, still at home and is a senior this year. I have one granddaughter, Kara Lee Hendra of Ishpeming. As you can see my life centers around family and the community. Colleen is sure to be an asset to the KB Tribal Police Department.

Amy Divine — KBIC Tribal Police Officer



Meet Officer Amy Divine. Amy was recently hired by the KB Tribal Police Department and will be stationed in our Marquette Trust Property area. Amy is the daughter of Norman Harris of Painesdale and Donna Harris of Grand Rapids, MI. She has brothers, cousins, aunts and uncles all in the Keweenaw area. Amy graduated from Hancock Central High School in 1988. She served in the United States Navy from 1989-1996—a Gulfwar Vet. She moved to Mississippi and worked in law enforcement since 2000. She worked at the Canton Police Dept., Madison Police Dept. and the Madison County Sheriffs Dept. She also has four years experience in corrections.

"I have four children who are the joy of my life," Amy stated. "I will do my best to serve this Community with honor and respect. I enjoy working law enforcement and hope my experiences will be an asset to the Community. I am honored by being hired to work for this Dept., and I will do my best to protect and serve the Community."

Carole LaPointe — Youth Director



Carole LaPointe started August 14, 2006, as Youth Facility Coordinator for the tribe. Carole is glad to be back working for the tribe in this capacity. Carole brings over ten years experience in program management and grant writing skills to the position, as well as being a registered nurse for the last 20 years and will be working closely with the KBIC Youth advisory committee to reach the goals of the program.

The goal of the KBIC Youth Program is to work continually to improve the quality and quantity of programs/services provided to our KBIC tribal youth. The vision of the KBIC Youth program, (in conjunction with the KBIC Strategic Plan, approved by the KBIC Tribal Council in October 2005), is to increase opportunities for our youth and mentoring programs, to ensure that our youth are involved and successful in school, home and community. We will do this by implementing programs that allow a variety of activities for all interests, while promoting increased self-esteem and knowledge of our traditional ethics and pride in our Aniishnaabe culture and language to decrease racism and the negative self-image that results from it.

Activities planned for the 06-07 fiscal year, include a variety of fundraisers, recreational programming, educational field trips, health/educational programming, and the annual Youth trip. Please see the KBIC Youth Building Calendar in this issue. KBIC Youth Council Meetings, for all youth, grades 7-12, are held the second Monday of each month. Please keep checking the Youth Club link on the www.ojibwa.com website. We also hope to have an interactive site soon, on www.myspace.com to keep in touch with all tribal youth and have them keep in touch with us!

Ojibwa Housing Authority Homebuyer Informational Meeting And Training Session

Wednesday, October 4th, & Tuesday, October 17th, 6 p.m. to 9 p.m.

You must call Christine or Natalie to register — 524-5514

We provide step by step information for anyone thinking of purchasing a home now or in the future.



KBIC... Playing In The Mud



Feeling Lucky — Dan Koski



Mudvayne — Weylin Haataja



Disorderly Conduct — Troy and Kristy LaFernier



Under Pressure — Rhea Koski and D.J. Dakota



Crazy Horse — Brandy and Tom Chosa

Several KBIC members participate in the U.P. Mud Drag Association, a non-profit organization. It is run by a 20-person board of directors who volunteer their time to this association. Dan Koski is the U.P. Mud Drag Association President and has been an active member of the UPMDA since 2000. Dan was the first member of the Koski family to join the association. Dan drives "Feeling Lucky," a 1985 Chevy Silverado in three classes; small tire improved stock, big tire improved stock and also super stock. Dan is presently first and second in points this year and has accumulated over 100 trophies since 2000.

The association travels throughout the U.P. to various locations for side by side racing on a 180-foot-track with 18 inches of mud that gets deeper as the day goes on. They race rain or shine and travel as far away as Newberry. This year a race was held at the Marquette County Fair, which was the first race ever held at that location and was sponsored by the UPMDA. This organization holds an estimated ten races each year throughout the U.P., where racers participate for cash and trophies.

Don Koski has been an active member since 2001. Don is the owner of the 1978 Dodge Ram, "Under Pressure." Don drove "Under Pressure" for two years and raced in the pro stock and super stock classes. Rhea Koski, Don's daughter, started driving this truck in 2001. Rhea drove along with him in the women's super stock. He then turned "Under Pressure" over to Rhea and D.J. Dakota to drive. Rhea has drove in the pro stock and women's super stock classes since 2002, and has been an active board member for three years. She currently is the UPMDA treasurer. Don is busy building a buggy this year; it is also referred to as a rail car. He is not quite finished with it yet—and you won't get to see any pictures of it until its debut next Spring.

D.J. Dakota has been an active member since 2002, and races "Under Pressure." He has been a board member for three years and is the current track rep.

Brandy Koski Chosa has been an active member since 2002. She drives a 1979 Ford Bronco, "Crazy Horse." Brandy has been a board member since 2004, and is the current Secretary and Assistant Points Director. Brandy is in third place in points for the women's super stock class.

Tom Chosa also drives "Crazy Horse." He has been an active member since 2002. Tom races in the small tire improved stock class and is currently in eleventh place. He also races in super stock and holds fifth place in the point standings for that class. Tom is the 2006 UPMDA Points Director.

Troy and Kristy LaFernier have been active members since 2002. They drive a Chevy Blazer. Troy is a 2006 UPMDA Track Rep. and Kristy is the UPMDA Publicity Director. Troy drives in the small tire improved stock and is currently in tenth place. He also races in big tire improved stock and holds ninth place in that class. Kristy races in big tire stock and holds seventh place in her class. She also races in women's stock and is in fourth place.

Weylin Haataja has been an active member since 2002. Weylin drives a 1989 Chevy Silverado x-cab, "Mudvayne." He races street stock and is currently in third place.

Brandy Chosa states, "I guess why we all race is because it is fun. The side by side racing is really exciting. The best part about it, is being able to floor it and see the mud fly. I think that is the best part anyways. It is a true adrenaline rush."

Correction: For All Purpose Drywall
Call — Tim (Migz) Mayo at
(906) 353-6756 for a free estimate.

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Environmental Response Program Specialist – Katherine Kruse



Hello, my name is Katherine Kruse. I am originally from Coldwater, Michigan and moved to Chassell, Michigan about three years ago. I have two children, a 7-year-old son, Jacob, and a 4-year-old daughter, Kara. I received my Master's degree in 2005, from Michigan Technological University in Environmental Policy. I enjoy the natural environment, hiking, snowshoeing, reading, and spending time with my kids. "I'm really excited to work for the Keweenaw Bay Natural Resource Department and look forward to helping enhance and protect the magnificent natural resources in the area."

**Target Blood Glucose Goals
What Should My Numbers Be?**

Target Blood Glucose	Goal	Take Action mg/dL
NON-PREGNANT		
BEFORE MEALS	80-120	< 80 - > 140
2 HOURS AFTER	100-180	> 180
BEDTIME	100-140	< 100 - > 160
HEMOGLOBIN A1C	< 6%	> 6%
PREGNANCY		
BEFORE MEALS	60 - 105	> 105
1—2 HOURS AFTER	< 120	> 120
HEMOGLOBIN A1C	< 6%	> 6%
EXCEPTION: CHILDREN, ELDERLY, THOSE WITH HYPO- GLYCEMIA UNAWARE- NESS, AND FREQUENT SEVERE HYPOGLYCE- MIA.	100—200	> 200

**If Your Blood Sugar Is Not Within These Target Goals,
Contact The KBIC Diabetes Program at 353-4559/353-4519**

Brandy Chosa — Gaming Commission Secretary



Meet Brandy Chosa who was recently hired as the new Gaming Commission Secretary. Brandy states, "I am very interested in learning about the Gaming Commission and what it is all about." Brandy is a part-time student at the Ojibwa Community College this fall, working toward a degree in Liberal Arts. She is also the Secretary of the U.P. Mud Drag Association, where both she and her husband, Tom, are devoted members and race a minimum of eight races throughout the U.P. from Spring to Fall. Brandy lives in Baraga with her husband, Tom, and their two girls, Paige, age twelve, and Devin age ten. Paige and Devin are students at the Philip LaTendress Elementary and Middle School.

Steve Cadeau — Probation Officer



Steven J. Cadeau Sr. is the new Tribal Probation Officer. Steve has worked the last five years as a Families First Worker, covering the KBIC and LVD Tribes, as well as the rest of the Western U.P. Steve previously worked for the Tribe years ago as a J.O.M. Counselor. He is happy to return. Steve has lived in Baraga all his life. He is the son of John Cadeau Sr. and Rosella Cadeau. Steve is married to Sue Cadeau, has three grown children, Steve Jr. who lives in Escanaba, David in Gaylord, Eric in Newberry and two wonderful grandchildren, Kaylee and Brian. Steve has a B.A. Degree, 20 credit hours in Guidance and Counseling, and has training in numerous areas, including Domestic Violence, Child Abuse and Neglect, Early Childhood Education, Parenting, and Substance Abuse and the effect on families. Steve's hobbies include reading, woodworking, home remodeling, fishing, hunting and exploring the outdoors.

**Gaming
Commissioner Named**



John Bussey, Executive Director Gaming Commission, has announced that Jennifer Misegan has resigned her position on the Gaming Commission on 08/24/06. Dale Shalfoe has been named by the Tribal Council as her replacement as a Gaming Commissioner. Our three Gaming Commissioners are James Rasanen, Mike Duschene and Dale Shalfoe. All three have begun their training, working with the Tribal Council.



Ruth is like many American Indian women. She is dedicated to helping others. In fact, Ruth recalls her first thoughts when the doctor told her she had breast cancer. "I thought, my work at the Medicine Lodge wasn't finished because I hadn't built the dental clinic I had dreamed of for my tribe." She said. "Then I caught myself and realized this wasn't about health services or work anymore. This was now about prioritizing my health before anything else."

"Get your mammograms, but remember, that's not always how they find cancer. Do your breast self exams every month."
— Ruth Bussey
Grand Traverse Band of Ottawa Indians
Breast Cancer Survivor

As a cancer survivor, Ruth was honored with a "Pink Shawl," from her community.

SUPERIOR PIZZA TEAM TAKES THIRD IN HO-CHUNK NATION'S CO-ED TOURNAMENT



Pictured are (left to right) Superior Pizza's Co-Ed Team. Front row— Tony Loonsfoot, Everett Ekdahl Jr., Shelia Ekdahl, Peeky St. George, Back row—Teri DeCota, Mike Hazen, Becky Genschow, Alden Connor Sr., Dan Connor, Beth Conner, and Bridgette LaPointe.

Eleven KBIC members traveled 700 miles round trip to play softball. The team, who was sponsored by Superior Pizza, played seven games, winning five, Labor Day Weekend (September 2-3) in Black River Falls, Wisconsin. The tournament was held at the Jackson County Fairgrounds and was sponsored by the Ho-Chunk Nation. This was Ho-Chunk's 9th Annual Co-Ed Softball Tournament. Third place brought home not only a nice size trophy but a purse of fifteen hundred. Congratulations!

Eleven KBIC members traveled 700 miles round trip to play softball. The team, who was sponsored by Superior Pizza, played seven games, winning five, Labor Day Weekend (September 2-3) in Black River Falls, Wisconsin.

The tournament was held at the Jackson County Fairgrounds and was sponsored by the Ho-Chunk Nation.

AABINOOJIIYENS



Meet Kayla Ann Lamson, born 08/15/2006, to Chris Ann Saari and Brandon Lamson. Kayla weighed 6 lbs 13 oz and was 19 1/4 inches in length at birth.



Meet Isaiah Peterson, born 08/17/2006, to Brandi Gauthier and Dan Peterson. Isaiah weighed 6 lbs 6 1/2 oz and was 17 inches in length at birth.



Meet Starr Dunleavy, born 09/11/2006, to Crystal Tollefson and Justin Dunleavy. Starr weighed 7 lbs 2 oz and was 18 1/2 inches in length at birth.

Call to Native American Artists

For the Native American Artist Market
Ojibwa Casino Conference Rooms
Ojibwa Casino 797 US 41 Baraga, MI 49908
November 11, 2006 and December 9, 2006

Deadline to sign up: October 21, 2006

For more information please contact the
Anishinabe Anokii staff at 906-524-2222

MichiganTech

Michigan Technological University 11th Annual Spirit of the Harvest Powwow

Saturday, October 28, 2006

MTU Gates Tennis Center

Houghton, Michigan

Grand Entries

1 pm & 7 pm



Special Guest Performance

Dallin Maybee,
Northern Arapaho and Seneca,
Hoop Dancer
3:00p.m. & 8:00p.m.

All Events are Open and
Free to
the Public

This is an alcohol free event

For information, contact Lori Sherman,

Native American Outreach Coordinator, (906) 487-3692 or lasherma@mtu.edu

Sponsors include DaimlerChrysler Corporation Fund, Keweenaw Bay Indian Community (KBIC), General Motors Corporation Foundation, Kimberly-Clark Corporation, Michigan Technological University's Presidential Commission for Women (PCW), Presidential Advisory Council for Women's Athletics (PACWA), Presidential Commission on Diversity (PCD), Parents Fund, Department of Educational Opportunity, and the MTU/American Indian Science & Engineering Society (AISES) Michigan Technological University is an equal opportunity educational institution/equal opportunity employer.

11th Annual Native American Speakers' Forum Friday October 27, 2006

MTU MUB Ballroom (3rd floor)

9:30-10:50 a.m.
Don & Karlene Chosa
Wild Rice Expo
10:50-11:00 a.m. Break
11:00-11:20 a.m.
Earl
Migration Pattern

11:20-11:50 a.m.
AISES (high school)
Ecological restoration &
Cultural awareness
11:50-12:50 p.m.
Lunch Rozsa Lobby
Entertainment: TBA

Special Appearance during the Powwow

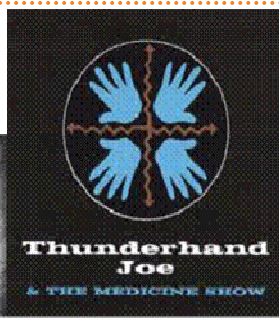
Saturday, October 28th, 2006
MTU Gates Tennis Center

Pink Shawl Dancers
Breast Cancer Awareness
4:30 p.m.
Dallin Maybee Hoop Dancer
3:00 p.m. & 8:00 p.m.
Thunderhand Joe/Singer
4:00 p.m. & 7:45 p.m.



Dallin Maybee is Northern Arapaho and Seneca, and was raised on the Cattaraugus Indian Reservation in Western New York. He started inter-tribal dancing and competing at the age of 14. His travels have taken him throughout the world, including: China, Mongolia, the United Kingdom, most of Europe, Qatar in the Middle East, Ecuador, Chile, and extensively throughout the United States. He has traveled with the acclaimed American Indian Dance Theater for the last four years. Their performances have included the Kennedy Center for the Performing Arts, two specials for Great Performances and PBS, and various theaters and cultural centers worldwide. The

1:00-1:30
p.m.
Thunder-
hand Joe



His blend of rock-n-roll, rhythm and blues captures the imagination while taking you on a musical journey through Native American culture, past and present. Former member of Redbone.

blend of traditional and contemporary dance experience explored by the Dance Theater is reflected in his own dance group, The Thunder Being Dancers. Other significant experiences include his participation as part of the production team of the 2002 Winter Olympics Opening Ceremonies where he worked as a consulting choreographer to the 660 members of the Native American cast. He was also given a featured dance performance position while the world watched that opening to one of the worlds greatest sports competitions. Performances are at 3:00 p.m. and 8:00 p.m.

(7) Niizhwaaswi

Children's Pumpkin Refreshments family fun

For Children 10 yrs. Old and Younger

Wednesday, October 25th
from 4:30p.m. to 6:00p.m.

At the Ojibwa Senior Citizens Center

Pumpkins and Supplies Provided On A First Come, First Serve Basis

All Children Must Be Accompanied By An Adult!

Please Call 353-4511 For More Information

Sponsored by Healthy Start, KBIC CIC Committee and Women's Health Circle Project

Boozhoo Michigan Indian Country!!

A Constitutional Amendment has been placed on November ballot for Michigan voters to consider that would end all affirmative action preferences. The amendment is known as the Michigan Civil Rights Initiative. However, it is not a civil rights initiative. If passed by the Michigan voters, it will have a devastating impact on Michigan Indians, for revised state policies to end affirmative action will actually be put in place.

Both the amendment's title and the wording on the proposed amendment before Michigan voters are confusing and misleading. If voters pass the amendment in November all preferences for women and minorities in the State of Michigan sponsored/supported programming, contracting, and hiring will end. The Michigan Indian Tuition Wavier will in all likelihood be negatively impacted.

If this proposal passes, expect—

- all college and university outreach programs into our communities to end, inclusive of recruiting and summer visitation programs for American Indian students exploring higher education;

- most scholarships and financial aid for our children to end, including the Michigan Indian Tuition Wavier Program, thus expending the large education gap already in place.
- targeted health initiatives into Indian country to cease, thus expanding the egregious health gap suffered by our people;
- targeted housing and lending programs that guarantee American Indians are not discriminated to become illegal.

So don't be fooled, educate yourself and those around you and vote this fall. Per our traditional teachings we are responsible for "seven generations" coming behind us. Let us not fail them. Please take a few minutes of your time to education yourself and those around you on this most important issue. The quickest way to do so, visit: www.oneunitedmichigan.org or call (877) 482-1438.

In addition, One United Michigan is seeking volunteers. If you can help this organization out, please do so.

Bamma-piii to you, and all our relations!!!
Arnie Parish,
Bay Mills Ojibwe

Attention all KBIC Youth, grades 10-12

Are you interested in photography? We will be participating in the "Waaseyaasibii'ige: Writing With Light" photography project, in conjunction with Northern Michigan University, beginning in November 2006 through March 2007. You will be given the opportunity to learn about the world of professional photography and publication of your works!

We need 8-10 students, in grades 10-12 to participate. There will be four photography workshops that the students must attend, (*tentative dates*):

Session #1 – (Tuesday, November 14th) "Getting Started". (1.5 hours) Introduction to the project, disperse Holga camera and film to each student, along with detailed demonstration and instruction sheet.

Session #2 –(Thursday, January 18th) "Making a contact print of students film" (2 hours) – Quick review of technical requirements for print processing.

Session #3 – (Thursday, February 15th) "Printing 8 x 10 inch photographs" (3-4 hours) – Quick review of technical requirements for print processing. Each student will make an 8x10 print for the exhibition in March.

Session #4 – (Thursday, March 15th) "Matting and Framing for Exhibition"(2 hours) – all photographs will be photographed and archived.

This activity is made possible with a CUPPAD grant. Youth participants will be instructed on many aspects of photography from using the camera to framing. Participants will also read and respond in essays so that their photographs may have the opportunity to be further encapsulated through publications. There will be an exhibition of all tribal youth participating at the UP Children's Museum in March 2007.

For more information, or if you wish to participate, please contact Carole LaPointe, Youth Director, at 353-4643 or clapointe@kbic-nsn.gov

"HOOPS FOR HEALTH" REGISTER NOW!



Beginning 9/25/06

**Monday—Friday
12:00 noon to 1:30 p.m.**

For all men interested in playing basketball during lunch hour.

Contact Rick Geroux or Yvette Friisvall at 353-4600 to register.

10 week session. Free.

Healthy Start Immunization Blizzard

Your child, who is a Healthy Start Participant as of September 1st, 2006 is eligible to receive a Columbia® Jacket or Snowsuit upon verification of immunizations being up-to-date.

Contact Healthy Start at 353-4543, or 353-4511 to schedule an appointment.

KBIC Medical Clinic sponsors an Immunization Clinic, Thursdays from 1:00 to 3:00 p.m.

You may telephone the Clinic at 353-8700 for an appointment. Jackets must be picked up by October 31st.

Offer Valid While Supplies Lasts

"For Current Healthy Start Participants Only"

Women's Self Defense Class

**Wednesday, October
11th
7:00 p.m.— 9:00 p.m.
at the OCC Gymnasium**



**Instructed by
Jay Maki
from
the Karate Institute of
America**

**Knowledge
Peace of Mind**


Limited space available, please call 353-4511 to register or for more info.

Sponsored by GLITC MCH Grant, Diabetes Program Healthy Start, and Women's Health Circle Project



Speakers:
 Becky Tussing, Lead RN/
 KBIC Medical Clinic
 Breast Cancer Survivors
 And more.....

Prize Drawings
 Women are encouraged to wear their
 pink shawls and tea party hats!




Please Join Us For An

Afternoon Tea Party

Tuesday, October 3, 2006
2:00 P.M. - 3:30 P.M.
Ojibwa Senior Center
Baraga, Michigan

October is:
Breast Cancer Awareness Month

This program is sponsored by: AVON Grant, KBIC Diabetes Program, KBIC Healthy Start, KBIC Women's Health Circle



10 Steps to Keep Ahead of Head Lice

- 1) Watch for signs of head lice, such as frequent head scratching. Anyone can get lice, mainly from direct head-to-head contact, sharing hats, brushes, etc.
- 2) Check all family members for lice and nits (lice eggs) at least once a week.
- 3) Be sure not to confuse nits with hair debris. (i.e., dandruff, hair spray droplets or hair casts). Nits are yellowish-white, oval shaped and are attached at an angle to the side of the hair shaft.
- 4) Consult a pharmacist or physician before applying pesticides or other lice treatments if anyone involved is pregnant or nursing, has allergies, asthma, or has nits in the eyebrows or lashes. Never use a pesticide or lice treatment on or near the eyes.
- 5) Consider all of your treatment options. Remember, lice-killing products are pesticides and must be used with caution. If you choose alternative methods, they may not have been studied thoroughly enough to determine long-term outcomes. The only completely safe alternative is manual removal by combing.
- 6) Remove all nits. Separate hair sections and remove nits with a lice comb, baby safe scissors or your fingernails.
- 7) For lice treatment, follow package directions carefully. Use the products over the sink, not in the tub!
- 8) Wash bedding and recently worn clothing in hot water (above 130°F) and dry in high heat for 30 minutes. Combs and brushes should be soaked in hot water (not boiling) for 10 minutes.
- 9) Avoid lice sprays! Vacuuming is the safest and best way to remove lice or fallen hairs with attached nits from furniture, rugs, stuffed animals and car seats.
- 10) Notify your child's school, camp, child-care provider, play partners, and neighborhood parents. Check for lice on a regular basis.

10 Days to Freedom from Head Lice

<p>Day 1</p> <ul style="list-style-type: none"> • Notify or check all exposed friends and family members. • Treat only those who are infested with live lice or have evidence of nits laid ¼ inch from the scalp. • Wash all bedding, clothing, and toys in hot water (130°F) and dry on high heat for 30 minutes. • Vacuum all carpeting, furniture and car upholstery. <p>Day 2</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. <p>Day 3</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. <p>Day 4</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. <p>Day 5</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. 	<p>Day 6</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. <p>Day 7</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • If nits or lice are still seen, repeat treatment if indicated by instructions. <p>Day 8</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. • If nits or lice are still seen, repeat treatment if indicated by instructions. <p>Day 9</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • If nits or lice are still seen, repeat treatment if indicated by instructions. <p>Day 10</p> <ul style="list-style-type: none"> • Vacuum. • Check all members of home for nits that may have been missed. • Comb/pick nits out of hair. • If nits or lice are still seen, repeat treatment if indicated by instructions.
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**** Some lice treatments may indicate a second treatment after 7 to 10 days. Please follow the manufacturer's instructions carefully and only apply when it is suggested. This chart serves as a reminder only for days 7,8,9, and 10. ****

Keweenaw Bay Indian to Conduct Community Health Phone Survey with the Inter-Tribal Council of Michigan

The Inter-Tribal Council of Michigan's Steps to a Healthier Anishinaabe project will be conducting a personalized phone survey. The phone survey is called the Behavioral Risk Factor Surveillance Survey (BRFSS) which will be conducted from October through December 2006. Randomly selected KBIC members will be called at their residence to participate.

The objective of the survey is to collect accurate, tribal-specific data on preventive health practices and risk behaviors that are linked to chronic diseases, injuries, and preventable infectious diseases in the NHBP adult population. The Inter-Tribal Council of Michigan will work with Michigan State University's Institute of Public Policy and Social Research to conduct the survey while incorporating cultural sensitivity and respect. The survey is part of an ongoing effort to assure tribal members throughout Michigan have fair representation in health status data collection.

The eight tribes participating in the Steps program are: Bay Mills Indian Community, Grand Traverse Band of Ottawa and Chippewa Indians, Hannahville Indian Community, Huron Potawatomi Indian Community, Keweenaw Bay Indian Community, Little Traverse Bay Bands of Odawa Indians, Saginaw Chippewa Indian Tribe and the Sault Ste. Marie Tribe of Chippewa Indians.


The KBIC, in conjunction with the Steps to a Healthier Anishinaabe Grant, is asking our tribal members for help. We realize that phone surveys may be inconvenient, but when the time comes, we are requesting that you complete this phone survey on behalf of yourself and fellow tribal members. The survey is completely anonymous, and no one will ever be able to identify you from your responses. Your name or address will never be known. Only your phone numbers will be used to contact you.

You may not receive a call from surveyors, but if you do, please do not hang up on these important people who are conducting this survey. The total amount of surveys completed will assist the KBIC in grant writing efforts which may help our tribe in the future. Please try to participate if you are called. We greatly appreciate your valued time and assistance in this project.

Those who participate in this survey will provide many valuable benefits to the KBIC tribe. The data will be useful when applying for grants, implementing health programs and interventions and in determining how tribal health care systems are working. Anyone with questions concerning the BRFSS can contact NHBP Steps to a Healthier Anishinaabe Program Coordinator, Jonathan Gardner at (269) 966-1101 or e-mail healthed@nhbp.org.

Seeking Three Faces

The Keweenaw Bay Indian Community received federal funding in April 2006 to enhance the provision of child support services by developing a full service child support program over the next two years.



Planning and development has commenced and various components are underway. One important component is the development of a program logo. The child support staff, with the assistance of a graphic artist, has designed a draft logo (above right). However, to complete the design, the program is in search of pictures of three community children that can be used as the center of the design to replace the children used in the draft.

If you would like your child(ren) to become a part of the new Office of Child Support Services logo, please submit your photos.

Criteria for submission of photos:

- Age categories for boys or girls are:
 6 months - 12 months
 8 years - 12 years
- Photos must be close up shots (i.e., from the shoulders up) of individual children.
- Various poses of the same child may be submitted (limit is three per child);
- Digital photos are preferred, but hard copy pictures will be accepted.

Deadline for submission is October 31st.

Please submit digital photos to: tami@kbic-nsn.gov

Hard copies of photos or photos on disk may be mailed to:
 Office of Child Support Services
 Attn: Tami Lorbecke
 107 Beartown Rd
 Baraga, MI 49908


Or they can be dropped off at the Office of Child Support Services at 427 N Superior Ave, Baraga, MI.

- There will be no compensation for use of the photos;
- A Photo Subject Consent and Release form must be signed by the legal parent or guardian of each child;
- Photos will be chosen randomly for use in promotional materials (i.e., logo, brochures, posters, etc);
- Original photos may be returned to the owner, however all copies selected for use will become the property of the Office of Child Support Services;
- A small token of appreciation will be given to the three participants chosen for the logo.

Community Calendar - OCTOBER 2006

Domestic Violence Awareness Month
Nat'l Breast Cancer Awareness Month

KBIC Youth Program Activity Fund Criteria for Funding — Fiscal Year 06-07 Begins October 1, 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Green Path Credit Counselor 9am-4pm	4 Women's golf begins @ 5 pm, call Heather 353-4546 for information.	5	6	7
8	9 6:30 p.m. Youth Council Meeting (Elections)	10	11 1st Step Counseling	12	13	14
15	16	17 Green Path Credit Counselor 9am-4pm	18	19	20	21 Kid's Hallow- een Party (see page three).
22	23	24	25	26 Hoop Dancer in L'Anse/Baraga schools (see page three)	27	28
29	30	31 Happy Hallow- een. 	Events listed on calendar are listed throughout the newsletter FYI.	Events occurring throughout the KBIC Community are welcomed to be listed on this calendar. email newslet- ter@kbic-nsn.gov.		

Youth must be a member or descendant of an en-rolled member to qualify for funding.

Each fiscal year, an amount is allotted by the Tribal Council for each child. The amount is currently 125.00 per child. It is the parent/guardian's responsibility to keep track of how much is spent from each child's amount per year.

Funding requests are submitted to the Youth Director, who makes out the requisition form and sends to the Accounting Office for processing. *Processing the request takes up to 5 days.* The check can be picked up from the Youth Director.

You **must submit a receipt** for all funding requests, with amount for each child highlighted.

Requests paid must come under the following criteria:

Organized extracurricular activity fees, athletic fees, in or out of school. (Such as basketball, baseball, hockey, gymnastics, skating, skiing, swimming, football, etc.);

Athletic equipment, to be used for team sports;

Sports, Bible and culture camps;

School-related activities – such as Band, Youth in Government, Driver's Education, school pictures, etc.,

School clothes effective October 1, 2006.

For more information, please call the Youth Director at 353-4643, or come to the Youth Office in from 8:00 a.m. till 4:30 p.m. Please check the website www.ojibwa.com, go to the KBIC Youth Club link, for updates in programming.



Pandemic Flu Planning Checklist for Individuals and Families*

You can prepare now for a world-wide influenza outbreak ("flu pandemic"). You should know what can happen during a pandemic and what actions you can take to reduce the effects of a flu pandemic on you and your family. A flu pandemic could last for **6-8 weeks** in a community, and may return several times.

Although all levels of government are preparing for a possible flu pandemic, **personal planning is important** because some community businesses and services may be disrupted or closed, including:

- School, childcare, and work
- Public transportation and availability of gasoline and other fuels
- Grocery stores, banks, gas stations, and other businesses
- Communications, including telephone, radio, and television
- Utilities – electricity, gas
- Pharmacies and healthcare

This checklist will help you gather the information and resources you may need in case a flu pandemic or other emergency interrupts normal business activities

- 1. Assemble a Disaster Supplies Kit.** Make sure that you consider the needs of family members with special needs. The Kit should include the following items:
 - ☐ **Water and food supplies.** During a pandemic, you may not be able to get supplies from stores, so it's important for you to have extras on hand. This can be useful in other emergencies, such as power outages.
 - ☐ **At least 30 days supply of important medication.** Ask your doctor and/or pharmacist if you can get an extra supply of your regular prescription drugs.
 - ☐ **Nonprescription drugs and other health supplies.** These include pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes (e.g., sports drinks), and vitamins, Band-Aids, antibacterial ointments, tape, and gauze.
- 2. Create a family emergency health plan.** List emergency contact information. Consider how family members would be cared for if they got sick and what would be needed to care for them.
- 4. Get involved.** Volunteer with local groups and health centers to prepare and assist with emergency response. Your community needs help as it works to prepare.
- 5. Keep informed.** Tune in to news from radio, television, and newspapers.
- 6. To limit the spread of germs and prevent infection:**
 - ☐ Make sure that you and your family are up to date on vaccinations.
 - ☐ Wash hands often with soap and water and teach this to children.
 - ☐ Cover coughs and sneezes with tissues and teach this to children.
 - ☐ Stay away from others as much as possible if they are sick and teach this to children. Stay home from work and school if sick.

Washington, DC: Alfred John LaBeau, BA AA GCDF CPRW has been awarded the Certified Workforce Development Professional (CWDP) credential by the National Association of Workforce Development Professionals.

Workforce Development Professionals facilitate the process by which individuals identify, prepare for, obtain and maintain employment and self-sufficiency; and assist businesses with accessing and retaining a quality workforce. They may work directly with the customer or may work as support personnel for and with staff who do work directly with the customer. The CWDP recognizes the training, experience and expertise of professionals in the field in 10 areas of competency:

- History and Structure of Workforce Development System
- Career Development Process
- Labor Market Information
- Diversity
- Customer Service
- Program Management
- Communication
- Technology
- Collaboration and Problem Solving
- Business and Employer Knowledge

"Alfred John LaBeau exemplifies the degree of professionalism and commitment to excellence that America needs if it is to continue to enjoy a world-class workforce," said NAWDP President C. Paul Mendez.

The CWDP program is administered and endorsed by the National Association of Workforce Development Professionals. NAWDP is a national association for individual practitioners in workforce development professionals. Its mission is to be the national voice for the profession and to meet the individual professional development needs of its membership.

Mr. LaBeau is a member of the Keweenaw Bay Indian Community in Baraga, Michigan, and lives in Pasadena, Maryland. He is the son of the late Bernard T. LaBeau and Bernice L LaBeau.

Ojibwa Community Library

The library has many copies of a publication called "Health for Native Life." They were purchased by DESTINY. These are free. Stop in and check them out.

The library has a copier/printer/scanner to give away on a first come-first serve basis. The paper jams in the rollers, so it needs work. NO PHONE CALLS, PLEASE COME IN.

~ Mary Bergerson, Library Director



Announcement — The Tribal Council has appointed a Drug Task Force.
Brad Dakota Becky Tussing Valerie Voakes
Vicki Dompier Bill Kirchhofer Peeky St. George
Doris Roberts

COMMUNITY DRUG ALERT BULLETIN

Methamphetamine is...

- A powerfully addictive stimulant that dramatically affects many areas of the central nervous system. The drug can easily be made in clandestine laboratories from relatively inexpensive over-the-counter ingredients and can be purchased at a relatively low cost. The factors make methamphetamine a drug with a high potential for widespread abuse.
- Sometimes referred to as “speed,” “meth,” and “chalk.” In its smoked form it is often referred to as “ice,” “crystal,” “crank,” “fire,” and “glass.”
- Available in many forms and can be smoked, snorted, injected or orally ingested.
- A white, odorless, bitter tasting crystalline powder that can be easily dissolved in water or alcohol.

Populations using methamphetamine...

- Traditionally associated with white, male, blue-collar workers, methamphetamine is now reportedly being used by diverse groups in all regions of the country.
- Use is increasing among men who have sex with men and use other drugs, making this population more vulnerable to contracting and spreading sexually transmitted diseases, especially HIV/AIDS.
- Young adults who attend “raves” or private clubs are increasingly using methamphetamine.
- Notable increases are occurring among homeless and runaway youth.
- Increasing use of methamphetamine is reported among male and female commercial sex workers who also trade sex for drugs and among members of motorcycle gangs. Also, people in occupations (such as long-haul truckers) that demand long hours, mental alertness and physical endurance have been using this drug at increased rates.

New trends in methamphetamine use...

- There is emerging evidence that methamphetamine is being administered increasingly via the intravenous route. Injecting this drug puts the user at increased risk for engaging in behaviors (both sexual and non-sexual) that could increase his/her chance of contracting HIV/AIDS, hepatitis and other infectious diseases.
- Methamphetamine is not usually sold and bought on the streets like many of the other known illicit drugs. Users report that they obtain their supplies of methamphetamine from friends and acquaintances. It is typically a more closed or hidden sale, prearranged by “networking” with those producing the drug. Often it is sold “by invitation only” at all-night warehouse parties or “raves.”
- Because methamphetamine can be made with readily available inexpensive materials, there is great variation in the processes and chemicals used. This means that the final product that is sold as “methamphetamine” may not be methamphetamine at all but rather a highly altered chemical mixture with some stimulant-like effects. Uncertainties about the drug’s sources and the pharmacological agents used in its production make it especially difficult to determine its toxicity and resulting consequences and symptoms.
- Methamphetamine is often used in dangerous combination with other substances, including cocaine/crack, marijuana, heroin and alcohol.
- Long reported as the dominant drug problem in the San Diego, California area, methamphetamine has become a substantial drug problem in other sections of the West and Southwest as well. The drug has now been reported in both rural and urban areas of the South and Midwest. It is emerging in major urban areas in the East but not to the extent seen in other regions of the country.

You can identify methamphetamine users by...

- Signs of agitation, excited speech, decreased appetites, and increased physical activity levels. Other common symptoms include: dilated pupils, high blood pressure, irregular heartbeat, chest pain, shortness of breath, nausea and vomiting, diarrhea and elevated body temperature.
- Occasional episodes of sudden and violent behavior, intense paranoia, visual and auditory hallucinations and bouts of insomnia.
- A tendency to compulsively clean and groom and repetitively sort and disassemble objects, such as cars and other mechanical devices.

Preventing methamphetamine use...

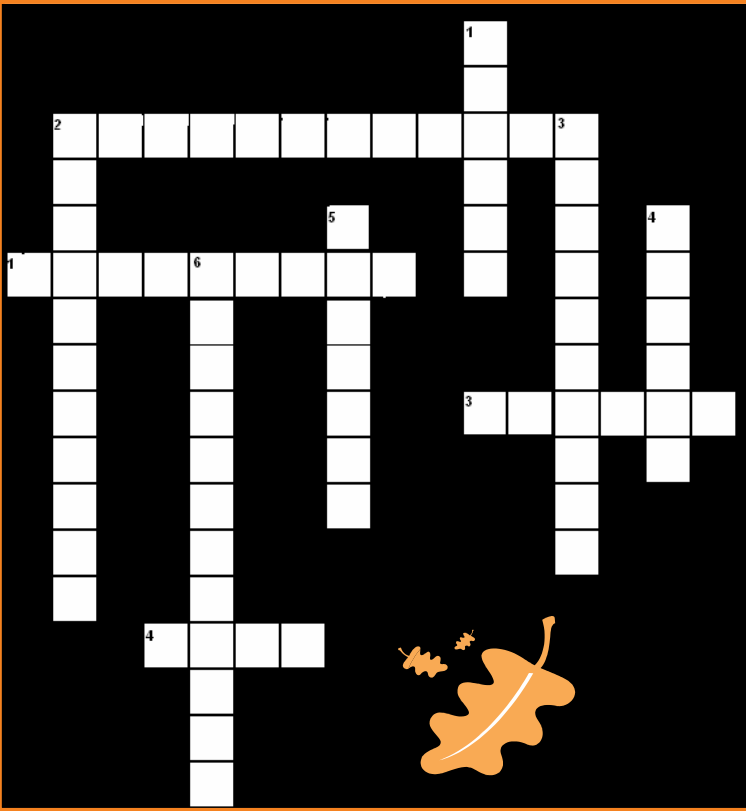
- Effective prevention begins with an assessment of the specific nature of the drug problem within the local community and adapting the program accordingly. Assessment can include looking at a variety of indicators such as drug treatment and emergency room admissions.
- In general, prevention programs should start early, be comprehensive and repetitively stress key points.
- Family-focused prevention efforts have been found to have a greater impact than strategies that focus on parents only or children/adolescents only.



Vocabulary

Dagwaag - it is fall, it is autumn
Anibiishikaa - there are many leaves
Agaasibigan - the leaves turn color
Aditebagan - the leaves are small
Aatebagaa - the leaves are bright

Binaakwe’igan - rake
Dakise - it is cold
Miskwa - red
Ozaawa - yellow
Bine –partridge



Down:
1. it is cold
2. the leaves turn color
3. the leaves are small
4. red
5. it is fall
6. rake

Across:
1. the leaves are bright
2. there are many leaves
3. yellow
4. partridge

Ojibwemowin page created by:
JoAnne Racette,
KBIC Ojibwa Community College Native American Studies Instructor

- The general prevention principles described in NIDA’s research-based booklet entitled *Preventing Drug Use Among Children and Adolescents* hold for all drugs and abuse, including methamphetamine, and serve as a good starting point for establishing programs in your community. (Call 1-800-729-6686 for a free copy.)

Treating methamphetamine addiction...

- Several cognitive behavioral interventions designed to help modify a patient’s thinking and behaviors and to increase skills in coping with various life stresses have been found to be effective.
- Unfortunately, there are currently no medications available to treat addiction or overdose to amphetamine or amphetamine-like drugs such as methamphetamine.
- Withdrawal from methamphetamine is typically characterized by drug craving, depressed mood, disturbed sleep patterns and increased appetite. Antidepressant medications can be prescribed to combat the depressive symptoms frequently seen in methamphetamine withdrawal.

To get more information... Visit the NIDA World Wide Web site at <http://www.nida.nih.gov>. Contact the National Clearinghouse for Alcohol and Drug Information (NCADI) at 1-800-729-6686 for free NIDA publications.

For Your Information: The State of Michigan has an online secured database that allows MI parents and schools to register electronic addresses (email, phone, fax, etc.) used by children. Marketers are prohibited to send info concerning tobacco, gambling, porn, illegal drugs, etc. to all addresses in the database. Registration is free. Go to www.michigan.gov/protectmichild to register.

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**Keweenaw Bay Indian Community/
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On Call positions: LPN - RN - Unit Manager -
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For a current job listings, complete job announcements, application
and closing dates contact:

KBIC Personnel Department
107 Beartown Road, Baraga, MI 49908
906-353-6623, ext 4176 or 4140

Or visit <http://www.kbic-nsn.gov/html/personnel.htm>

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To place an ad, contact Lauri Denomie at
newsletter@kbic-nsn.gov.

KBIC Participates in Parade of Nations

Several KBIC dancers and drummers participated in Michigan Tech's Parade of Nations Celebration on Saturday, September 16, 2006. An exhibition performance followed the parade with Four Thunders providing the music for our dancers, which was held at the Dee Stadium in downtown Houghton.

The Parade of Nations is Tech's and the local communities' way of celebrating diversity. Students from more than 80 different countries participate in the Parade of Nations and International Ethnic Food Festival every year.



(12) Ashi Niizh

Anishinaabe Anokii
First People's Work Center



A small business development and support center sponsored in part by a grant from the ANA that is focused on Native American-owned businesses and entrepreneurs. Anokii staff assist Native Americans and non-Tribal members in becoming successful and profitable business owners.

**Anishinaabe Anokii
services include:**

- Tribal Business Owner Directory
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- Business Support & Developmental Education Classes
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Timothy W. Shanahan, Business Counselor
Tina Durant, Services Coordinator

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